

*Is it a cold or the flu?  
Know the difference!*



## SYMPTOMS

## COLD

## FLU

**Fever**

Rare

Usual

**Headache**

Rare

Common

**General Aches, Pains**

Slight

Usual *(Often Severe)*

**Fatigue, Weakness**

Mild

Usual

**Extreme Exhaustion**

Never

Usual *(Starts Early)*

**Stuffy Nose**

Common

Sometimes

**Sneezing**

Common

Sometimes

**Sore Throat**

Common

Sometimes

**Cough**

Mild to Moderate

Common